



Place your index finger in the middle with your middle finger on the rear end.

Finger positioning is everything in fingerboarding. Place your index finger in the middle and rest your middle finger on the back lip of the board. The index finger acts as a balance to keep control of the board, while the middle finger will press down to launch the board up and do tricks.

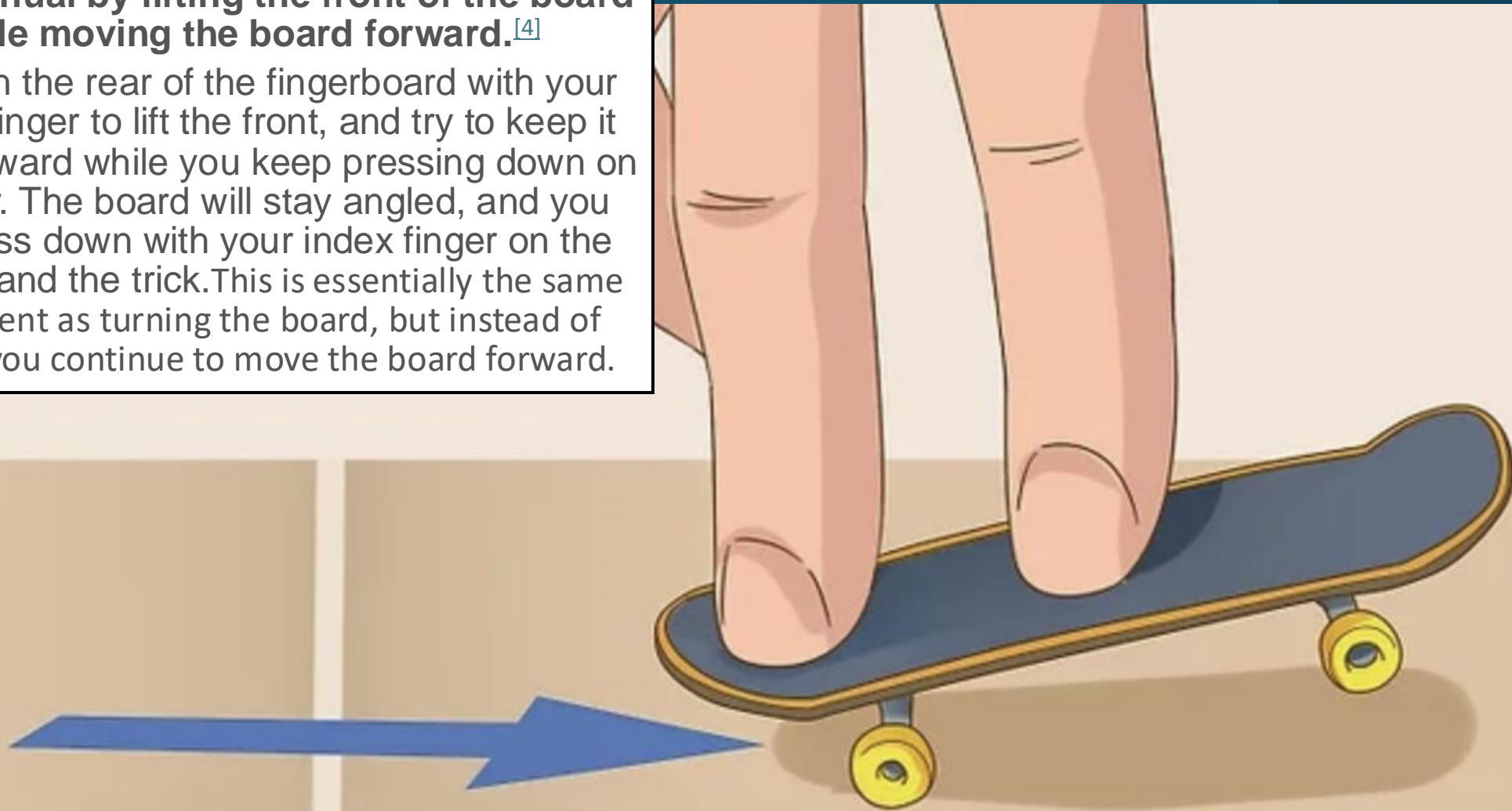
Turn the board by pushing down on the back lip.

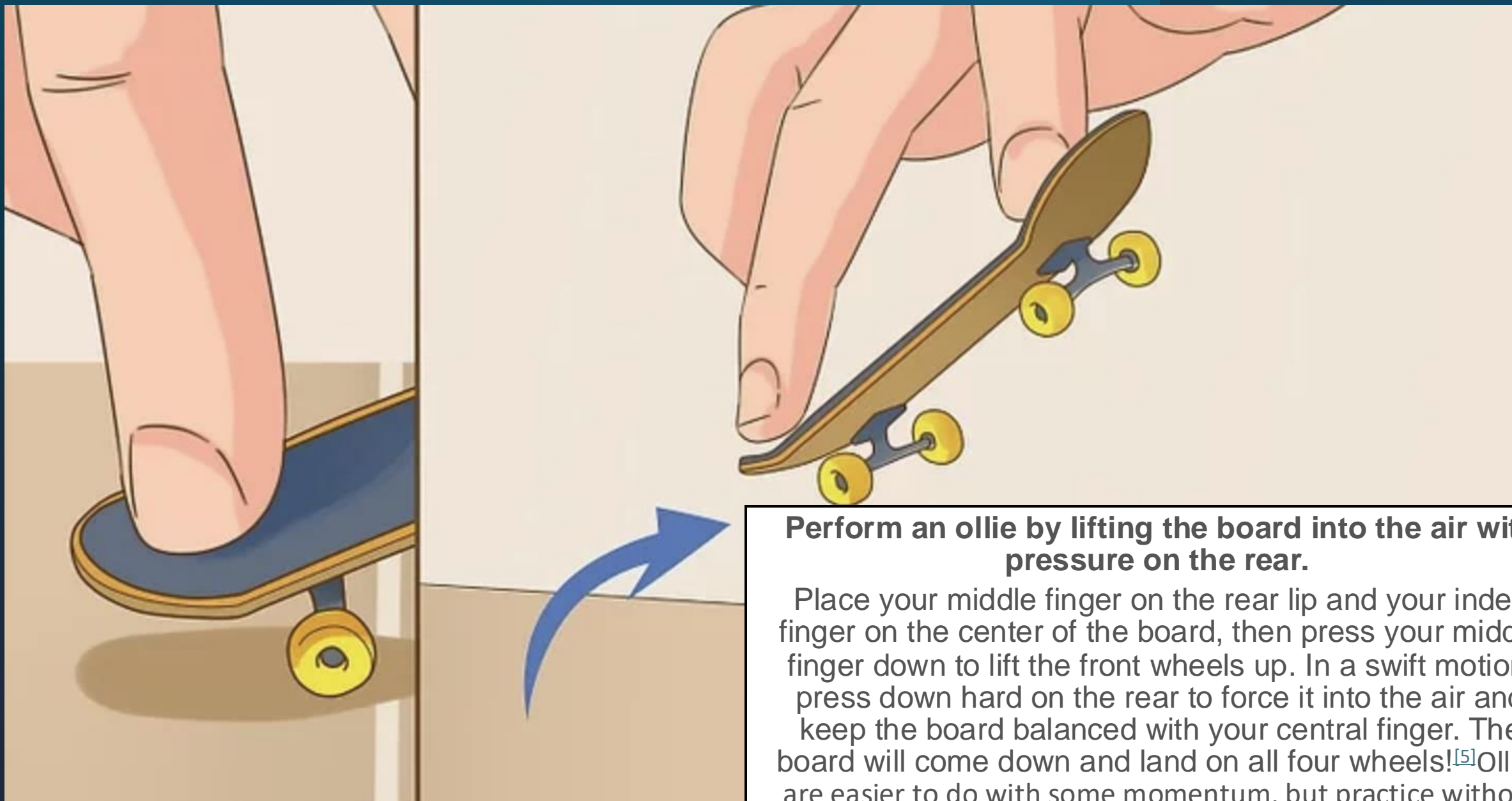
Move the fingerboard forward on a flat surface with your fingers and press down on the back lip with your middle finger to lift the front wheels into the air. Twist your fingers in the direction you want to turn to make the board turn with your movement.^[3] Practice this a few times until you don't even have to think about it to do it. This is a basic move that will come in handy in all of your future skills!



Try a manual by lifting the front of the board while moving the board forward.^[4]

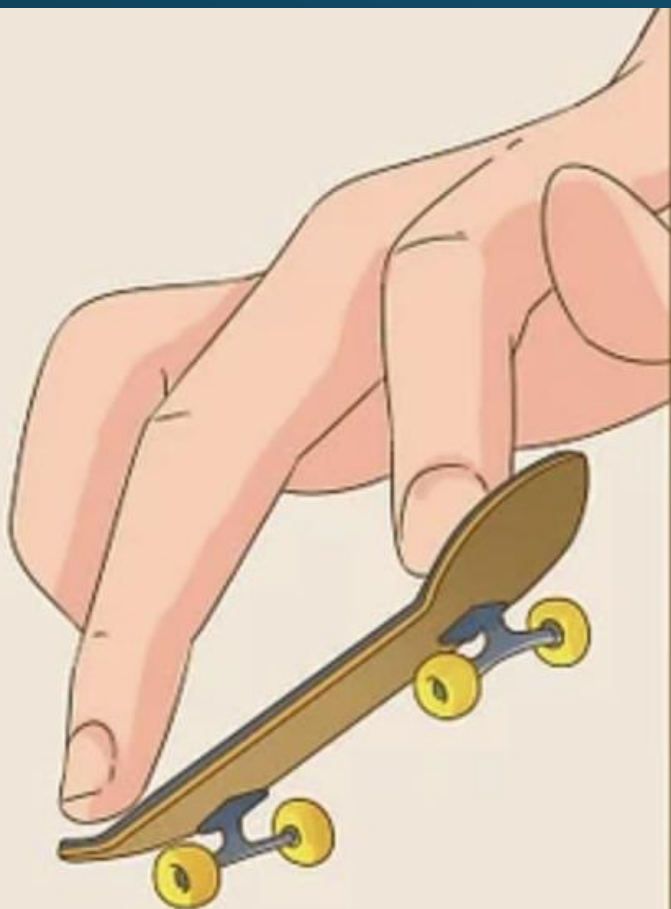
Press on the rear of the fingerboard with your middle finger to lift the front, and try to keep it going forward while you keep pressing down on the rear. The board will stay angled, and you can press down with your index finger on the front to land the trick. This is essentially the same movement as turning the board, but instead of turning you continue to move the board forward.





Perform an ollie by lifting the board into the air with pressure on the rear.

Place your middle finger on the rear lip and your index finger on the center of the board, then press your middle finger down to lift the front wheels up. In a swift motion, press down hard on the rear to force it into the air and keep the board balanced with your central finger. The board will come down and land on all four wheels!^[5] Ollies are easier to do with some momentum, but practice without moving the board first.



Do a kickflip by doing an ollie then sliding your index finger off of the side in the air.

You will follow the same motion you did to perform an ollie, but while it is in the air, slide your index finger off of one side of the board quickly.^[6] The board will rotate once in the air and come to be right-side-up by the time it lands.

Use two fingers to press down on the top when the board comes down to land it successfully.